

# Mamallapuram and Kanchi – The Pallava Capitals

**Duration:** 3 Days, 3 Nights

**Departure from:** Bengaluru

**Interests:** History & Context

**Type:** Small Group, Expert led, Faith & Beliefs

## Introduction

Kalidasa said, “Pushpeshu jati, purusheshu Vishnu; narishu Rambha, nagareshu Kanchi”. Of cities, it is Kanchi, he said. It is not a surprise he said that given the wonders that are strewn around this town that is a microcosm of India, its magnificent structures testifying to its glorious past as a melting pot of cultures and faiths. Kanchi was a cosmopolitan city even back then when it was the capital of the Pallavas. It was home to all major faiths - Shaivism, Vaishnavism, Jainism, Buddhism, which blossomed in all their glory. It is a city that witnessed the reign of many majestic kingdoms - the Pallavas, the Cholas, the Vijayanagara empire - that have all left their imprints in time in the form of the matchless pieces of architecture that be its temples.

Pallavas ruled a portion of southern India and dominated the Telugu and northern parts of the Tamil region for about 600 years until the end of the 9th century. Pallavas are most noted for their patronage of architecture, the finest example being the Shore Temple, a UNESCO World Heritage Site in Mahabalipuram. The Pallavas, who left behind magnificent sculptures and temples, established the foundations of medieval South Indian architecture.

This tour is a specially tailored itinerary to give you an immersive understanding of the Pallavas and their temple architecture. This tour will be across Kanchipuram and Mamallapuram/Mahabalipuram where we can find the finest examples of the architecture from the Pallava period. Kanchi is considered as the “City of Thousand Temples”, most of which, be it ancient or new, are living temples.

This tour will be led by **Dr. Madhusudhanan Kalaichelvan**, one of the most well informed and scholarly subject matter experts. An architect, conservationist, painter, epigraphist, he has been conducting guided heritage tours through Road Access to Temples Heritage And Monuments (RATHAM).

## Itinerary

### Day 0 – Departure

We begin the journey late in the evening from Bengaluru. We will meet at the departure point and travel by overnight bus to reach Kanchipuram early in the morning the next day and check-in to the hotel for a brief rest.

*Meals for the day – None*

## Day 1 – Kanchipuram

After an early breakfast, we begin our tour of the temples of Kanchipuram. The highlights of the day will include the Kailasanathar Temple, the *Ulagalanda Perumal Temple*, a visit to the traditional weavers of the gorgeous *Kanjeevaram* sarees and the *Sankara Mutt*. Lunch will be a typical Tamilian lunch at one of the most famous restaurants of Kanchipuram, *Saravana Bhavan*. Among the other places we will visit during the day is the *Mathangeeswarar Temple*, a *Naadavaavi* (stepped well) on the outskirts of Kanchipuram and the *Thiruparuthikundram Digambar Jain Temple*.

Constructed in the Dravidian style, *Ulagalanda Perumal Temple* is one of the 108 *Divadesams* dedicated to Lord Vishnu, who is worshipped here as *Ulagalanda Perumal* and his consort Goddess Lakshmi as *Amudavalli*. The *Kailasanathar temple* is the oldest temple in Kanchipuram and a magnificent example of the Dravidian architecture style.

Kanchipuram is well known for its hand-woven silk sarees. The sarees are woven from pure mulberry silk. To weave a Kanchipuram sari, three shuttles are used. The weaver works on the right side while his aide works on the left side shuttle. Thousands of families are involved in the saree production. We will visit the traditional weavers to understand the process of weaving a gorgeous *Kanjeevaram* saree. These sarees are worn as bridal & special occasion sarees by most women in Tamil Nadu, Karnataka & Andhra Pradesh. It has been recognized as a Geographical indication by the Government of India.

At the end of the day, we will then return to the hotel for dinner.

*Meals for the day – Breakfast, Lunch & Dinner*

## Day 2 – Mahabalipuram

After an early breakfast, we travel east to the coastal resort town of Mamallapuram or Mahabalipuram to see the group of monuments there, which are a UNESCO World Heritage site. The highlights of the day in Mamallapuram are the *Pancha Rathas*, the *Arjuna's Penance* panel and of course the magnificent *Shore Temple*. We will in between have lunch in Mamallapuram itself.

The *Pancha Rathas*, is a monument complex containing five monuments each of which resembles a *Ratha* (chariot). *Arjuna's Penance* is one of the largest rock reliefs in the world and carved on monolithic rock boulders. The *Shore Temple* is one of the oldest and most magnificent structural stone temples of South India.

After Mamallapuram, we will drive back to Kanchipuram where we will visit the *Ekambaranathar Temple*, one of the largest temples in India. This temple is one of the *Pancha Bhoota Sthalas* and associated with the element of earth of the five elements. The *Shiva lingam* here is referred to as the *Prithvi lingam*. We will then return to the hotel for dinner.

*Meals for the day – Breakfast, Lunch & Dinner*

## Day 3 – Kanchipuram

After an early breakfast, we will checkout of the hotel. The highlights of the day will be the *Kanchi Kamakshi Ambal Temple*, the *Vaikunta Perumal Temple* and the *Varadharaja Peruma Temple*.

The *Kanchi Kamakshi Ambal Temple* in Kanchipuram is one of the *Sapta Puris*, seven holy pilgrimage centres in India. The *Vaikunta Perumal Temple* and the *Varadharaja Perumal Temple* are both among the 108 *Divadesams* dedicated to Lord Vishnu. The *Vaikunta Perumal Temple* is considered to be the second oldest in Kanchipuram after the *Kailasanathar temple*. One of the greatest Hindu scholars of *Vaishnava VisishtAdvaita*

philosophy, *Sri Ramanujacharya* is believed to have resided at the *Varadharaja Perumal Temple* and is one of the most sacred places for *Vaishnavites*.

We will then have lunch along with a comfort break at one of the Saravana Bhavans and then start our return journey to Bengaluru. After a short break along the way, we will return to Bengaluru late in the evening.

*Meals for the day – Breakfast & Lunch*

## Tour Highlights

### Day 1

- Dr. Madhusudhanan Kalachelvan
  - The tour will be led by Dr. Madhusudhanan, one of the most well informed and scholarly subject matter experts. An architect, conservationist, painter, epigraphist, he has been conducting guided heritage tours through Road Access to Temples Heritage And Monuments (RATHAM).
- Kailasanathar Temple
  - This is the oldest temple in Kanchipuram and a magnificent example of the Dravidian architecture style.
- Kanjeevaram Silk Saree weaving
  - The sarees are weaved from pure mulberry silk thread. The pure mulberry silk used in the making of Kanchipuram saris comes from South India and the zari comes from Gujarat. To weave a Kanchipuram sari three shuttles are used. While the weaver works on the right side, his aide works on the left side shuttle.

### Day 2

- UNESCO World Heritage Group of monuments in Mahabalipuram
  - The group of monuments at Mahabalipuram is a collection of 7th- and 8th-century CE religious monuments in the coastal resort town of Mamallapuram, Tamil Nadu, India and a UNESCO World Heritage Site. It is on the Coromandel Coast of the Bay of Bengal.
- Ekambaranathar Temple
  - Ekambaranathar Temple (Ekambareswarar Temple) is a Hindu temple dedicated to the deity Shiva. Shiva is worshiped as Ekambareswarar or Ekambaranathar, and is represented by the lingam, with his idol referred to as Prithvi lingam.

### Day 3

- Kanchi Kamakshi Ambal Temple
  - The Kamakshi Temple is an ancient Hindu Temple dedicated to Kamakshi, one of the forms of Goddess. The Temple was most probably built by the Pallava kings, whose capital was Kanchipuram.
- Varadharaja Perumal Temple
  - Varadaraja Perumaal temple, one of the celebrated Vaishnava Divya Desams, is located in Vishnu Kanchi, or the little Kanchi. Its vast temple campus is an amalgamation of embellishments over several centuries. This temple is also an important religious center and is one of the most visited temples in Tamil Nadu.

## Detailed Tour Logistics

**Duration:** 3 Days, 3 Nights

**Departure from:** *Bengaluru*

**Exact Departure location:** Cubbon Park Metro Station.

**Departure time:** 2200 hrs on date of departure

**Drop location on return:** Same as Departure location.

**Drop time:** Late evening. Expected to be around 2200 hrs on the last day of the itinerary.

## Terms

### Inclusion

1. Transport from and to the departure point. Seat allocation will be at the discretion of the organizers.
2. Stay at a three-star hotel or resort on twin-sharing basis. Allocation of room partners will be at the discretion of the organizers. Attempt will be made to accommodate your wants towards this.
3. Vegetarian meals as indicated in the itinerary. Breakfast would typically be at the hotel of stay and lunch/dinner at a restaurant/hotel chosen by the tour management.
4. Temple and monument entry fees (for Indian nationals only; foreign nationals will need to pay separately at some monuments)

### Exclusions

1. Photography and videography charges (need to be paid separately)
2. Additional refreshments like small eats, drinks
3. Any other aspect not mentioned in inclusions

### Payment and cancellation policy

1. Full payment to be made upfront
2. Full refund will be made if the tour is cancelled by the organizers.
3. 50% refund will be made if the customer cancels the booking within 20 days of departure.

## Things to note

1. The tour will involve enough walking outdoors in the day. Please ensure you carry your caps and sunglasses. Keep a bottle of water ready with you always to beat the heat.
2. Given the walking we will be doing, ensure you get a good pair of walking shoes that you're comfortable with, for the tour.
3. If you need things like medication, keep it handy and ensure you bring it along with yourselves. Do not depend on being able to buy such locally.
4. If you have any allergies, be sure to check explicitly on the food that will be served to you.
5. Please ensure you have enough cash for miscellaneous expenses you may incur. Do not depend on ATMs etc. locally to provide for this.
6. The tour will start early morning and we will return late in the evening the last day at the departure point. So, if you're not from the city where the tour departs from, it is best if you plan your arrival and departure one day on either side of the tour departure date at the least.